



# BEVACIZUMAB IN PATIENTS WITH METASTATIC COLORECTAL CANCER: ACCESS AND PERFORMANCE IN URUGUAY

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## Introduction:

- In Uruguay, colorectal is the third most common cancer and the second leading cause of death from cancer.
- Bevacizumab is a recombinant humanized monoclonal antibody to vascular endothelial growth factor.
- It is funded, with centralized and universal coverage, for metastatic colorectal cancer patients in Uruguay. A regulatory framework for coverage and a systematic process of evaluation were established. The criteria for treatment with Bevacizumab in colorectal cancer is shown in Table 1.

**Objective:** to assess the access, effectiveness and tolerance of Bevacizumab associated with chemotherapy in patients with metastatic colorectal cancer in first or subsequent line of treatment in Uruguay.

**Table 1. INCLUSION CRITERIA OF THE TREATMENT**

Bevacizumab in Metastatic Colorectal Cancer
Colorectal cancer confirmed by histopathology
Metastatic disease confirmed by imaging study, and biopsy in case of only one image
Karnofsky scale value > 70%
Life expectancy of more than 3 months
Adequate clinical status than predict tolerance to treatment chemotherapy protocol

## Methods:

Cohort study of patients treated with Bevacizumab between November 1st 2008 and December 31st, 2009. We assessed adverse effects, response rate, and progression-free survival (PFS) and overall survival (OS) using Kaplan-Meier method. Response rate was defined according to the Response Evaluation Criteria in Solid Tumors (RECIST).

## Results:

- Treatment was requested for 254 patients and it was approved for 222 (87.4%).
- The request rate was 1/10,000 for inhabitants over 14 years old. It was significantly lower for patients assisted at the public facilities compared with private (0.52 vs 1.49/10000 inhabitants,  $p < 0.001$ ).
- 204 patients received the treatment and were followed-up for 15.5 months. Characteristics of patients are shown in Table 2.
- The clinical response occurred in 40% and the duration was 12 months.
- Progress and death were reported in 96 and 93 patients, respectively. OS and PFS rates are shown in Table 3.
- Median progression-free survival was 13.7 months (CI 95%, 12-16 months). In first line was 12.5 months (CI 95%, 11-14), in relapsed was 14.2 months (CI 95%, 8-21) and in progression was 8.9 months (CI 95%, 7-11).
- Overall survival was 16.3 months, without difference according to clinical situation or line of treatment. Adverse effects were reported in 30% of the patients and they forced to dose adjustment or suspension of the treatment in 1.5% of cases.

**Table 2**

Characteristics	Population N=204
Age (years)	58 (range 21-78)
Female	47,5%
Time since diagnostic (month)	14,4 (range 4,9-26,5)
Metastasis > 1 site	47,1%
Metastasis site	
Hepatics only	39,2%
Lungs only	7,4%
Peritoneal only	6,4%
Hepatic and lungs associated	17,6%
Multiples in other sites	29,4%
Previous Tumor resection	87,7%
Metastasis resection	29,9%
Previous Radiotherapy	13,2%
First Line of treatment	53,9%
Previous Chemotherapy	80,9%
2 or more previous protocols	28,9%

**Table 3. SURVIVAL RATES**

	Survivals		
	3 months	6 months	12 months
Progression Free Survival N=203	91,8%	80,6%	48,9%
Overall Survival N=204	93,6%	88,6%	68,8%

## Conclusions:

- Response rate and overall survival rate were similar to those internationally reported.
- Progression-free survival was longer than expected.
- Adverse effects rate was lower than reported, probably linked to underreporting.
- Despite universal coverage, inequality in access probably persists and needs further investigation.